



Registered Charity
No.1174543

London Asbestos Support Awareness Group

Service Guide



For anyone affected by Mesothelioma, asbestos related diseases and Silicosis in London and the South East, including Essex, Kent, Hertfordshire, Surrey, Cambridgeshire, Norfolk and Suffolk.

0808 278 2515
www.lasag.org.uk

Our story

The London Asbestos Support Awareness Group operates across London and the South East. The charity was set up by The London Hazards Centre Trust Limited, a registered charity, established in 1984. We obtained independent charity status in 2017, and all of our services are free.

Our trustees have been carefully selected and represent a diverse group with significant knowledge and experience of governance within the charity sector, as well as leading caring organisations and in campaigning for those suffering and in need of help and care.

Our Trustees, & Ambassador

David Ellis OBE Chair

David is committed to supporting the victims of exposure to asbestos. His wife died in 2011 from Mesothelioma. He has therefore experienced at first-hand the agony his wife suffered and the devastating impact her illness and eventual death had on the whole family and their friends. David has over 20 years experience as a charity trustee including as Chairman of Hospice Boards. In October 2023 David was elected Chair of The Asbestos Victims Support Group Forum and plays a key part in the organisation alongside other trustees of the forum.

Sam Jayasekara Nursing Ambassador



Sam qualified as a nurse in 1995 and has worked in a variety of settings including acute, community and charitable sector and has worked in general areas, palliative care and oncology. She has been an oncology nurse and became a lung cancer and Mesothelioma Nurse in 2015.

Professor Peter Szlosarek



Peter studied Medicine and Pharmacology at King's College, completing a PhD in translational oncology at the University of London. He has been studying arginine dependent cancers for the last 25 years, opening a new area of therapy for patients with hard-to-treat cancers.

Peter's bench-to-bedside interests are focussed on mesothelioma with a particular emphasis on personalising metabolic approaches. He has pioneered the preclinical and clinical development

of arginine deprivation in mesothelioma, culminating in the global phase 3 ATOMIC-meso study, a registration study of ADI-PEG20 (pegargiminase) combined with standard of care chemotherapy for pleural mesothelioma.

Peter is a member of the Royal College of Physicians, EORTC, AACR and ASCO. He has received two prestigious clinical research fellowships from Cancer Research UK and served two terms as Chair of the UK NCRI Mesothelioma Subgroup (2015-2022)

Professor Dean Fennell



Dean has designed and led several investigator-initiated trials from phase 1 through phase III (including NERO, CONFIRM, VIM, MIST, MESO2, SELECT).

His lab currently focuses on novel precision medicine strategies and understanding mesothelioma evolution. He was past president of the international mesothelioma interest group (IMIG), past NCRI mesothelioma chair. He co-authored both the UK BTS, and European (ESMO, ERS) mesothelioma treatment guidelines and served

two terms on the EORTC board. Prof. Fennell held CRUK clinician scientist and MRC doctoral fellowships. He originally trained in pharmacology and medicine at University College London, then completed medical training in the London Golden circuit, with Medical Oncology specialist training at Barts Hospital, London.

Dean has published 180 peer reviewed articles in journals including The Lancet, Lancet Oncology, New England Journal of Medicine, Nature. He was the 2023 recipient of two international prizes: the IMIG Senior Investigator Research Medal, and the MARF Pioneer award. In 2023 he became a fellow of the Royal Society of Biology, and in 2024 was elected as a fellow of the academy of medical sciences. In 2025 he was awarded the degree of Doctor of Science.

Christine Stephens

Christine has 40 years management/leadership experience in both corporate and for non-profit organisations. Included in that is over 10 years governance experience as a Hospice Trustee; previous Chair of Governors for a local junior school and a Chair of HR committee for an Independent girls school. Christine is passionate about working to build support networks to help alleviate the pain, fear and suffering for the victims of asbestos related diseases and their families.

Belinda Chadwick

Belinda has over 30 years experience of charity fundraising and support groups. Belinda has sound experience of governance through her trustee appointments and chair of three charities. Belinda's motivation for trusteeship at the charity was instigated by the death of a very dear friend through an asbestos related disease.

Ed Sobczak

Ed spent 40 years working for the Inland Revenue which later became known as HMRC. He was promoted to HM Inspector of Taxes and served in the Revenue's Head Office. From his early twenties Ed has played an active role in local charities and support groups ranging from sea cadets to mental health and school fundraising to an orphanage in Kenya.



Dr Victoria McCloud

Victoria is a patron of our charity. She is a former High Court Judge in London. She delivered leading judgments including *Cape v Dring*. In addition, she has presided over high-profile cases which have involved Donald Trump, Jeremy Corbyn, and Andrew Mitchell MP. Her wealth of knowledge is invaluable to us as a Patron of the charity.

Dr Justin Lee

Justin is a practicing medical practitioner, working as a Consultant Radiologist in Central London. Justin's father was an engineer and construction company owner, and Justin was first made aware of the dangers of asbestos exposure whilst working for his father as a labourer. Justin became familiar with, and witnessed, the effects of asbestos exposure during his medical training and particularly whilst working at the Royal Brompton Hospital in London.



Our team

Our team is experienced in supporting sufferers of Mesothelioma, asbestos related diseases and Silicosis. They are all DBS checked for extra security.

We offer local support groups with special guest speakers to provide information, and advice.

Louise Chaffe
Head of Service



Louise is Head of Service. She brings over 11 years of experience as a Communications Supervisor within a Police Control Room, where she ensured policies and procedures were followed, emergency responses were managed effectively, officers were kept safe, and accurate information was shared.

Louise later moved into a senior supervisory role, supporting officers and working closely with communities. She went on to work in community-based roles supporting vulnerable adults in their own homes,

helping them to live safely and confidently while encouraging access to the wider community.

In her role as Head of Service, Louise applies her extensive experience to leading services and acting as a key point of contact for sufferers, families, and healthcare professionals. She is known for her calm, professional, and empathetic approach, building strong and trusting relationships with all she works with.

To contact Louise please email louise@lasag.org.uk or call **07713 492486**.



Denise Hodges

Client Support Advisor



Denise began her career as an adult nurse in acute care at Kent and Canterbury Hospital.

Over the years, she expanded her expertise by working in diverse healthcare settings, including working as a nurse-practitioner specialising in bowel cancer. Her dedication to patient care led her to become a Lung Cancer Clinical Nurse Specialist at Medway Hospital, where she developed extensive knowledge and experience in supporting mesothelioma patients and their families.

In 2019 Denise chose early retirement from Medway Hospital and joined

our charity, bringing her wealth of clinical expertise and compassionate approach to a new role. Since then, she has deepened her understanding of asbestos-related diseases, as well as the benefits and compensation available to affected individuals.

Denise's clinical knowledge of mesothelioma, combined with her empathy, compassion and commitment, enables her to provide the vital support and care that victims and their families need and deserve.

To contact Denise please email denise@lasag.org.uk or call **07950 922874**.

Jenny Tompkins

Client Support Advisor



Jenny has experience as a Private Ambulance Operations Manager and working for the Metropolitan Police as a controller and 999 call handler dealing with different backgrounds and situations.

Jenny understands the needs of her clients in their current situations, giving accurate advice and guidance. Jenny is pro-active and organised with an understanding, empathetic and kind nature

To contact Jenny please email jenny@lasag.org.uk or call **07526 499163**.

Katrina Armstrong

Client Support Advisor



Katrina is highly experienced in working with patients and medical professionals in administrative roles across diverse sectors including medical & construction services.

Her previous role was Medical Secretary in ENT at The Princess Alexandra Hospital. Along with her experience she brings with her a strong work ethic, proactive approach, and exceptional organisational skills. Kat possesses a keen eye for attention to detail and is able to build relationships quickly.

To contact Katrina please email katrina@lasag.org.uk or call **0749 813 8411**.

Sophie Fortune

Client Support Advisor



Sophie has extensive experience supporting patients, families and carers within NHS and mental health services. She has worked in administrative and client support roles, providing compassionate guidance and practical assistance during challenging times. Sophie brings a calm, empathetic approach, excellent communication skills, and a strong commitment to helping people feel supported and heard. She is highly organised, approachable, and experienced in working closely with healthcare

professionals and external services.

To contact Sophie please email sophie@lasag.org.uk or call **07984946109**

Our services

We offer a wide range of free, confidential services to people affected by mesothelioma, asbestos-related diseases, and silicosis, as well as their families and carers.

Advice and support

Our experienced advisors provide practical and emotional support and understand the physical and psychological impact of these conditions. We can assess your eligibility for state benefits and government compensation schemes to help ensure you receive your full entitlement. We also work closely with Clinical Nurse Specialists and other healthcare professionals involved in your care.

Home visits

Our team can visit you in your own home to help complete lengthy and often complex benefit and compensation forms. We explain the process clearly, answer your questions, and offer ongoing guidance. Support is also available by telephone or zoom if preferred.

Support group meetings

We hold monthly support group meetings for sufferers and their family members or carers, offering the chance to meet others in similar situations. Our staff and guest speakers provide information, advice, and a listening ear in a safe and confidential environment.

Help with compensation

Our advisors can provide information about free legal advice from our panel of specialist lawyers who are experienced in asbestos disease claims and act in the best interests of sufferers.

Friendship and bereavement support

If you have lost a loved one, recently or in the past, our advisors can offer bereavement support. We run monthly friendship groups and can also signpost you to local organisations, helplines, and bereavement cafés for additional support.



Support Groups

Our support groups are here for anyone affected by mesothelioma or other asbestos-related diseases. Each session offers the chance to hear from special guest speakers, including Doctors and Nurses who can provide valuable information and guidance. It's also an opportunity to connect with others who understand. Our experienced staff are always on hand to offer advice, answer questions, or simply listen—providing a safe, welcoming, and confidential environment for everyone who attends.

Canterbury, Kent

The 2nd Thursday
of each month.
2.00pm - 4.00pm.

Contact

support@lasag.org.uk

Surrey

The 1st Tuesday of every
other month
12 noon until 2pm.

Contact

support@lasag.org.uk

Chelmsford, Essex

The 1st Friday of
each month
11am - 1pm.

Contact

support@lasag.org.uk

Tunbridge Wells, Kent

The last Wednesday
of each month.
2.30pm - 4pm.

Contact

support@lasag.org.uk

Harlow, Essex

The first Wednesday of each
month. 2pm- 4pm.

Contact

support@lasag.org.uk

Dartford, Kent

The 3rd Friday of each month
1pm - 3.00pm.

Contact

support@lasag.org.uk

City of London

The 3rd Thursday of each
month. 2.00pm - 4.00pm.

Contact

support@lasag.org.uk

Rainham, Kent

The 1st Tuesday of each
month. 3.00pm - 4.30pm.

Contact

support@lasag.org.uk

Friendship Group

Our friendship group in Canterbury is designed to support family members and friends who have sadly lost someone due to Mesothelioma and other asbestos related diseases. You are welcome to join us for coffee, cake and to support each other at such a devastating time.

Dagenham, East London

The last Thursday
of each month
11.00am - 1.00pm.

Contact

support@lasag.org.uk

Norwich & Norfolk

The last Saturday every other
month. 1.00pm - 3.00pm

Contact

support@lasag.org.uk

Canterbury, Kent

The 2nd Wednesday of each
month, 10.30am - 12.30pm.

Contact

support@lasag.org.uk



Our Legal Panel

We have a trusted panel of Law Firms who specialise in obtaining compensation for patients who have been diagnosed with Mesothelioma, asbestos diseases or silicosis. These Law Firms are completely independent of our charity and we insist that they only represent sufferers and not the employers who may have caused these diseases. Please contact your client support advisor for further information.

Hodge Jones & Allen

HJA have been fighting for clients' rights since the 1970s. The wealth of combined experience and success in securing benefits, compensation and private medical treatment costs for their clients means you can be confident that your case will be handled by true experts, in an efficient and sensitive way.

HODGE JONES & ALLEN

Leigh Day Lawyers

Leigh Day Lawyers have handled many of the landmark decisions for asbestos sufferers and their cases have not only provided substantial compensation, but have also changed the law. The team of expert asbestos solicitors are experts at identifying where any exposure took place and getting the right level of compensation for those affected.

LEIGH DAY
LAWYERS AGAINST INJUSTICE

Thompsons Solicitors

Thompsons have an established history as one of the leading asbestos solicitor firms in the UK. The first ever successful asbestos compensation claim was in 1972 and have been involved in every test case ever since. They have nearly 100 years' experience and have been winning cases for clients since 1921.

T THOMPSONS
SOLICITORS
STANDING UP FOR YOU

100
YEARS
1921-2021

JMW

JMW is an award-winning law firm and are renowned for their expertise in achieving positive outcomes for asbestos disease clients. JMW have represented Mesothelioma sufferers and their families for many years and are a full-service law firm. They are also able to provide victims of the asbestos industry with ancillary services in any arena.

jmw

Legal Help and Compensation

If you or a family member have been diagnosed with Mesothelioma, an asbestos related disease or silicosis, you may be entitled to compensation. If you were exposed to asbestos in your workplace, it may be possible to bring a claim against your former employer, even if the employer is no longer in business. Alternatively, your condition may have been caused outside of your work, for example from washing a family member's asbestos contaminated work clothes.

Whatever condition you have, it is important that you obtain FREE legal advice from a specialist Law Firm.

You may know how your asbestos exposure occurred but frequently sufferers do not recall where or how they were exposed to asbestos. One of the lawyers from our panel of specialist Law Firms will meet you at home and go through your work history and other possible sources of exposure to find out when, where and how you came into contact with asbestos.

If you have been affected by Mesothelioma, other asbestos related diseases, or silicosis and would like to have a confidential conversation, please contact us today
0808 278 2515



Why claim?

It has been known for many decades that asbestos was dangerous to health. From the mid 1960s employers knew it caused Mesothelioma and other asbestos related diseases and yet many employers did not take necessary precautions to protect their workers.

Compensation value:

The aim of compensation is to put you in the same financial position as though you had not developed Mesothelioma. Although the amount awarded in each case is different, the amount

of compensation is usually substantial and could help with your care if needed.

Timing & Time Limits:

A claim should be brought within three years of the date of diagnosis or within three years of the date of death. Asbestos related compensation claims are dealt with as quickly as possible by our panel solicitors and the Courts have fast track procedures in place for dealing with asbestos claims.

Legal Fees:

If the case is successful then the organisation paying your

compensation will also pay your legal costs. If your case is unsuccessful then there is **no charge** to you. Our panel solicitors will explain how the costs work when they meet with you.

How can we help?

We can provide you with information about making a civil compensation claim which includes contact details for solicitors who specialise in asbestos disease claims. To be on our specialist panel, solicitors have had to prove that they are law firms which only represent people with asbestos related

conditions and never act for organisations defending asbestos disease claims.

Please note that we do not accept any responsibility relating to the appointment of a solicitor. Each of our panel firms of solicitors are completely independent of the charity.



What is Asbestos?

Asbestos is a naturally occurring, fibrous mineral. It was used extensively in the UK from the 1900s. Due to its huge versatility, asbestos was moulded into many forms, including sheeting and cloth. Many people have been exposed to asbestos fibres through their own work, the work of colleagues near to them, washing a family member's contaminated clothing or living near to an asbestos factory. The exposure is likely to have taken place many decades ago. Not everyone who has been exposed to asbestos will develop an asbestos related condition. However, for those people who do, it is important that they receive independent and impartial advice from specialists.

Examples of products

Cement Roof



Cement Tiles



Pipe Lagging



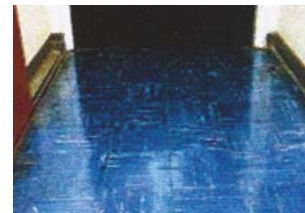
Ceiling Tiles



Insulating Boards



Floor Tiles



Silicosis

We also provide information and support to people affected by other industrial diseases, including silicosis. Silicosis is a serious lung condition caused by breathing in fine silica dust, often from work involving stone, concrete, or construction materials. Over time, this dust damages the lungs, leading to breathing difficulties, long-term health problems, and an increased risk of other conditions.

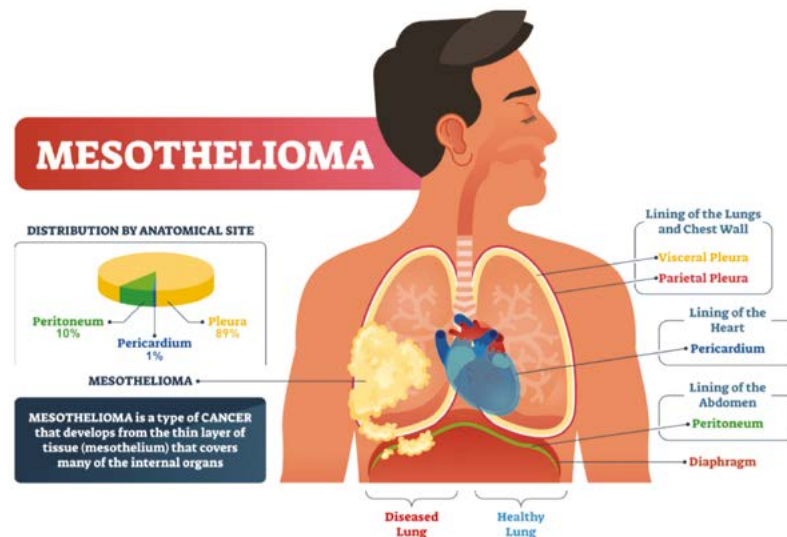


Asbestos related diseases

Mesothelioma is an incurable cancer caused by exposure to asbestos dust and fibre. It usually develops in the fluid in the lining of the lungs (pleural Mesothelioma) but can also affect the lining of the abdomen (peritoneal Mesothelioma) and the lining of the heart (pericardial Mesothelioma).

Lung cancer can be caused by significant exposure to asbestos dust and fibre over a period of time. Lung cancer can have causes other than exposure to asbestos, the most common being smoking.

Asbestosis is the name for fibrosis in the lung caused by significant exposure to asbestos. This condition is caused when large quantities of asbestos fibres,



over time, damage the inner structure of the lungs, resulting in breathlessness.

Pleural thickening is caused when asbestos fibres breathed in penetrate the lining or pleura of the lungs, causing thickening of this

lining. This causes restriction to breathing because the lungs cannot expand fully.

Pleural plaques are areas of scarring on the lining of the lungs caused by asbestos fibres penetrating the lining of the lung. They may

become more extensive but they do not develop into any other asbestos disease.

Please contact us if you have been diagnosed with any of these conditions. Time limits apply to civil compensation claims and for certain benefits.

The Asbestos Victims Support Group Forum (UK) (The Forum)

AVSGF • UK
ASBESTOS VICTIMS SUPPORT GROUP FORUM

We are proud to be network and advice members of the Asbestos Victims Support Group Forum UK (AVSGF). We feel it is important to work together to give a voice to asbestos victims.

The Forum is a registered charity and an umbrella organisation for asbestos victims support groups in the UK.

A spokesperson for the forum said, "We are a collective of support groups who join together to fight for a better future for victims of asbestos related diseases. We campaign for improvements in benefits and for fairer compensation, raise money and fight for Mesothelioma

research, demand decent medical treatment, raise awareness of asbestos to protect future generations. Collectively we provide one voice for asbestos victims.

Campaigning Over the years we have proved that working together, supported by the people we are here to help, the victims of asbestos related diseases, we have been able to achieve so much".

The Forum have proved themselves a modern day 'David versus Goliath' against the Government and the asbestos industry.

For further information, visit www.asbestosforum.org.uk



Customer commitment charter

We promise to do all we can to give you the best service, support and care that we can and make sure that you are cared for in the best possible way. We think about the sufferer in a person centred way to ensure they are happy with our services. We want you to tell us what you need and we will tell you how we can help. We work with your healthcare professionals providing your care including your clinical nurse specialists, benefits advisers and lawyers. We are committed to improving our services in an ever changing industry by talking to people and coming up with new ideas. These are our stated commitments to you:

Commitment 1

We will support our staff to care about you and how you feel. To help them do this, we make sure they have the relevant training and development they need.

Commitment 2

We promise that every time you see us we will do our best to ensure you are happy with our services. Our staff will be polite, respectful and caring at all times, tell you the truth, take time to listen to you, provide contact details and advise what will happen.

If we are unable to help we will advise you on who can support you and answer your questions as quickly as we can.

Commitment 3

We take time to understand what you need to give you the best service we can. Staff will ask you if our service can be improved and we will always treat you as an individual. This means we will think about you and your needs, advise you what we can and cannot do and keep information about you private and secure whilst

remaining compliant with GDPR at all times.

Commitment 4

We will make sure the places we meet you are friendly, safe and easy to access. Staff will be friendly and welcoming, thinking about your needs and support when you use our services and will ensure the locations we see you are safe, clean and tidy.

Commitment 5

We will listen to your feedback and make changes where possible. Trustees and

managers will listen to what our clients have suggested and decide if we need to make changes. We will make sure our staff learn from each other and follow good practice.

Need help?

Our Head of Service can support you. You can ask questions, make suggestions and log a complaint. Please email louise@lasag.org.uk

Complaints Policy

Please note this can be found on the website: www.lasag.org.uk

A Testimonial from a Lung Specialist Nurse



Working together

Imperial College Healthcare
NHS Trust

NHS

NHS Trust

WE ARE
MACMILLAN.
CANCER SUPPORT

Charing Cross Hospital,
Fulham Palace Road,
London W6 8RF

To LASAG,

London Asbestos Support Awareness Group, you are an incredible team that help our patients and their families throughout their mesothelioma journeys. You provide extensive knowledge of the condition, its supportive needs and of the financial environment that surrounds this disease. You also support the lung cancer CNS team here in our knowledge and even sourced funding to develop our skills.

You are a friendly team that I highly recommend to every single patient diagnosed with mesothelioma. I have only heard positive reviews from my patients and their families.

Kind regards,
Georgina

Macmillan Lung Clinical Nurse Specialist
Imperial College Healthcare NHS Trust

A Testimonial from a Cancer Nurse Specialist



Kent and Canterbury Hospital
Ethelbert Road, Canterbury
Kent, CT1 3NG
01227 868666

TO WHOM IT MAY CONCERN

RE: LONDON ASBESTOS SUPPORT AWARENESS GROUP

I have referred many mesothelioma patients to the above group for help and advice with claiming compensation and benefits relating to their disease.

The Support Workers consist of retired Lung Cancer Clinical Nurse Specialists and benefits claims specialists. Due to this their professional knowledge and experience of mesothelioma is extensive.

I have had nothing but positive feedback from my patients who have been helped by LASAG. From my perspective I feel that because the service is run by professionals who I know and trust, I can refer patients to them confident in the knowledge that they will be given the best advice and support.

Toni Fleming
Lead Macmillan Lung Cancer Clinical Nurse Specialist/Mesothelioma UK CNS
Kent and Canterbury/QEQM Hospitals

Testimonials

"It is so nice to speak to people with the same condition as myself. And so interesting for me and my wife to listen to the guest speakers. This is a marvellous group run by such lovely people who are so kind and helpful and nice to know they are always at the end of the phone. Long may it continue."
Ron

"These sessions I find amazing. I leave at the end of them feeling very elated. After being with people in the same boat as me, my fears and worries are sent back to where they belong and my positive mental attitude is maintained."
Lewis

"Thank you for coming to see me yesterday. My head's been in a bit of a spin over the past few weeks, so it was good to take time out with you and learn more about my diagnosis and the support you can offer. Notwithstanding the irreplaceable support and love that my family bring, you tend to feel a little isolated once you're outside of the direct care that the medical professionals have been providing. I understand now the importance of the support that you and your organisation offers to sufferers of asbestos related diseases, and how it provides a vital and seamless link between all the various elements of the process. I look forward to staying in touch and will get along to the support group meeting at Canterbury at the first opportunity I have."
Keith



“LASAG are an incredible organisation. Louise has been a massive help, giving both sound advice and much needed support to my parents as my father is suffering from Mesothelioma. With the rock of LASAG support, our family can move forward with direction and understanding, no longer feeling lost in the enormity of the situation.”

My Dads application for a disabled parking permit has been approved and should be with him in approximately ten days. Thanks again for everything”

Dave Knight

“Many people in Swindon, because of the old railway works, have suffered over past years from various lung diseases, including Mesothelioma. As someone, who has lived in the town

since 1970, as a teacher and FE manager, it was a major shock to receive a diagnosis of Mesothelioma. It followed a year of increasing breathlessness. Having undertaken various searches on the Internet, I came across LASAG and their close link to Hodge Jones & Allen. I have nothing but thanks to both organisations for their encouragement and help in getting me the various benefits and lump sums available to Mesothelioma sufferers.”

Pete

“After my diagnosis I understandably found myself with a range of emotions, not least of which complete shock. As part of my consultation, I was handed a range of information and leaflets for advice and support and one of these was for the London Asbestos Support Awareness Group. I am so pleased that I was given this information and that I reached out to find out more. The London Asbestos Support Awareness Group has provided me with so much support, one of the most useful things to me has been advice on how to talk to my friends and family about my diagnosis. In addition to the coaching support, they were able to give me information that enabled me to get the right legal support, in addition to understanding and claiming benefits needed

to help me deal with my illness and importantly to understand it. I highly recommend attending the support groups and I find these incredibly useful to meet and talk to other people in a similar position to myself. I can't recommend the support groups strongly enough, they are friendly and extremely professional, and I have found it is good to talk”

Colin Denton

FAQs

Our experienced staff are always available to provide information and advice, below are a few **frequently asked questions** about us and services available to you.

How much do you charge for your services?

All our services are completely free of charge.

Where are you based?

Our Client Support Advisors are based in various areas which allows you to have access to a local advisor. Our staff are able to visit you at home in London and the South East including, Essex, Kent, Surrey, Hertfordshire, Suffolk, Cambridgeshire, Norfolk & Norwich and Buckinghamshire.

Will I have an allocated support advisor?

Yes, you will be allocated a local Client Support Advisor who is local to you.

What will happen on initial contact?

Our Client Support Advisor will make contact and will provide information, explain how we can support you and arrange a home visit with your local client support advisor.

How long do benefits take to come through?

Depending on the type of disease you have been diagnosed with such as Mesothelioma benefits can take 3-10 weeks to process, however other claims may take little longer.

What benefits can I apply for?

Your Client Support Advisor can help you complete the benefits forms for Attendance Allowance/ Personal Independence Payment (dependant of age), Blue Badge, Government Lump Sum, Industrial Injuries Disablement Benefit (depending on your asbestos exposure at work).

Do you have a support group I can attend?

Yes, we have support groups in various locations. Your advisor will provide you with details. Family members and friends are always welcome as an extra support.

I have a lot of savings – am I still entitled to benefits?

Yes, you can still apply for these benefits. Your Client Support Advisor will explain and support you with this.

Can you liaise with my nurse if I am unable to contact her?

Yes, our support staff are able to act as a go between to ensure consistency.

Can I get involved in raising funds for the charity?

Yes, there are various ways you can support fundraising. You can email support@lasag.org.uk or visit our website for available fundraising spaces.

Do solicitors charge a fee for their service?

No, we have a carefully selected panel of expert solicitors. They do not charge you for their services. Your Client Support Advisor can provide you with information.

I am not well enough to get out at the moment, do you run zoom support groups?

Yes, in addition to our face to face support groups we do run zoom groups.

Please contact support@lasag.org.uk

Is there parking and wheelchair access at support groups?

Yes, the locations of our support groups are very carefully considered to ensure easy access.

I am worried about my spouse when I have passed away, will you still make contact to make sure they are ok?

Yes, our advisors will continue to support family members until such time they no longer need us. We also provide friendship groups to meet others in a similar situation.

Can I donate to the charity?

Yes, everything we do depends on the generous donations of our supporters. 100% of the money we spend each year comes from sufferers, family members, companies and trusts who support us. We are extremely grateful for any support.



Fundraising

Everything we do depends on the generous donations of our supporters. We are extremely grateful for any support.

Visit www.lasag.org.uk/fundraising for more ways you can support us

Bank Payments

London Asbestos Support
SC: 30-98-90 Acc. No: 18406368

Card Payments

Secure online donations:
www.lasag.org.uk/donation

Cash / Cheque

Farthings, Bridle Lane Rickmansworth, WD3 4JQ



Scan here
to donate

Donation slip

I wish to make a donation to London Asbestos Support for £

Title Name

Address

Postcode

Email

Phone

I am happy for the charity to contact me by
(tick all that apply):

Post ☐ Email ☐ Phone ☐ SMS ☐



giftaid it I am a UK taxpayer and wish to Gift Aid my donation and any donations I make in the future or have made in the past 4 years.

You must pay income tax equal to the tax reclaimed by the charity on the donation. If you pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all donations in that tax year it is your responsibility to pay any difference.

Contact us

London Asbestos Support Awareness Group

Telephone: 0808 278 2515

Email: support@lasag.org.uk

Website: www.lasag.org.uk

Registered Charity No: 1174543

Charity Registered Address

Farthings, Bridle Lane, Loudwater,
Rickmansworth, Herts. WD3 4JQ

Social Media

www.linkedin.com/company/london-asbestos-support-awareness-group

www.facebook.com/LondonAsbestosSupportAwarenessGroup

www.instagram.com/londonasbestossupportgroup

www.twitter.com/LASAG_UK



For anyone affected by Mesothelioma, asbestos related diseases and Silicosis in London and the South East,
including Essex, Kent, Hertfordshire, Surrey, Cambridgeshire, Norfolk and Suffolk. | Registered Charity No.1174543



0800 278 2515
www.lasag.org.uk